

June Workshop Summaries

1858: June 1, 2018; 8:45 am - 4:15 pm. Registration begins at 8:15 am. (New Orleans)

Building Self Esteem, Confidence and Courage When It Has Been Damaged or Stolen.

Presented by Linda Kelly Woodruff, Ph.D., BA, DSW, MSW, LCSW-BACS, ACSW.

Louisiana Department of Children & Family Services. Benson Tower, 1450 Poydras Street, 7th Floor, New Orleans, LA 70112

Self-esteem, confidence and courage come from skills in assertiveness, positive self-imaging, affirmation and achievement. When self-esteem has been damaged or stolen, when life circumstances have not encouraged its development, clinical intervention may be required for it to grow. Through lecture, group exercises and discussion, this workshop will address assessment, planning and intervention when working with such clients. Emphasis will be on clinical techniques and skills useful to the social worker in this regard. **6.0 Clinical hours.** Pre-registration deadline is 5/25/18. **Limited to 45 participants.**

1859: June 1, 2018; 8:45 am - 4:15 pm. Registration begins at 8:15 am. (Alexandria)

Making Lemonade.

Presented by Harrell Weathersby, Ph.D., LCSW.

The Arts Council of Central Louisiana, 1101 4th Street, Suite 201, 2nd Floor, Class Room F, Alexandria, LA 71301

Lately social workers have watched the dismantling locally and nationally of many of the major accomplishments of the profession in which they have been involved directly or supported in advocacy. This workshop proposes to reframe the situation into a call to re-evaluate some of our assumptions and approaches: to identify systematically what is not working and apply “out of the box” thinking in order to develop innovative ways of meeting the current challenges. For purposes of demonstration three areas of practice will be examined: cultural diversity and advocacy, as representative of areas where major ground has been lost, and treatment, as an area of promising innovation. **6.0 Clinical hours.** Pre-registration deadline is 5/25/18. **Limited to 25 participants.**

1860: June 1, 2018; 8:45 am - 12:00 pm. Registration begins at 8:15 am. (Covington)

When Students with Disabilities Have Behavior: Legal Responsibilities, Interventions and Schools Discipline.

Presented by Jessica Harper, LCSW, MSW, with a Fellowship in Infant Mental Health.

Covington Behavioral Health, 201 Greenbrier Blvd., Covington, LA 70433

This seminar will include an overview of the laws regarding student behavior and discipline as it relates to students with disabilities (IEP, 504) as well as the responsibility of each party of the IEP/LAP team when a student with a disability encounters school removals.

3.0 General hours. Pre-registration deadline is 5/25/18. **Limited to 80 participants.**

1861: June 1, 2018; 1:15 pm - 4:30 pm. Registration begins at 1:00 pm. (Covington)

Autistic Spectrum Disorder Regarding Males and Females: Diagnosis, Advocacy, and Support Groups for Teens/Young Adults.

Presented by Lisa Donze Jacob, LCSW.

Covington Behavioral Health, 201 Greenbrier Blvd., Covington, LA 70433

This seminar will provide information regarding the diagnostic criteria of the DSM – 5 for Autistic Spectrum Disorder in males and new insight regarding females on the spectrum. Participants will gain helpful information to provide therapeutic support, both individually and in a social skills group setting. Participants will review the ethical principles of the NASW Code of ethics and discuss how facilitation of social skills groups and support groups for those identified as ASD exemplifies these principals. **3.0 Clinical hours.** Pre-registration deadline is 5/25/18. **Limited to 80 participants.**

1862: June 1, 2018; 8:45 am - 12:00 pm. Registration begins at 8:15 am. **(Lafayette)**

Supporting the Rights and Well-Being of Expectant and Birth Parents.

Presented by Stephanie K. Sterling, LCSW, MSW and Mary M. McKee, MSW, LMSW.

Vermillion Conference Center, 326 Gauthier Rd., Lafayette, LA 70501

There are many misconceptions and myths surrounding expectant and birth parents who contemplate and decide to make an adoption plan. In this presentation you will learn about the emotional issues that contribute to a decision about a crisis pregnancy as well as impact that decision has on those involved, including birth fathers. Factors needed for long term adjustment of birth families as well as recommendations for ethical adoption practice will be presented.

3.0 General hours. Pre-registration deadline is 5/25/18. **Limited to 45 participants.**

1863: June 1, 2018; 1:15 pm - 4:30 pm. Registration begins at 1:00 pm. **(Lafayette)**

Defusing the Agitated Client.

Presented by Kay Clemons, LCSW-BACS, MSW.

Vermillion Conference Center, 326 Gauthier Rd., Lafayette, LA 70501

In times of high anxiety in many of our client's lives, it is necessary to identify and address situations that may become out of hand. The purpose of this workshop is to identify cues that the client illustrates and subsequently the techniques to de-escalate. This workshop is designed to address, disarm the patient's "hot buttons" and offer healthy coping techniques. It is intended that the members of this workshop will be able to actively participate in learning and applying techniques presented and, in return, be able to provide self-care and patient care in an equally rewarding manner. **3.0 Clinical hours.** Pre-registration deadline is 5/25/18. **Limited to 45 participants.**

1864: June 8, 2018; 8:45 am - 4:15 pm. Registration begins at 8:15 am. **(Covington)**

The Depressed Client System: Depression is a Family Affair.

Presented by Linda Kelly Woodruff, Ph.D., BA, DSW, MSW, LCSW-BACS, ACSW.

Covington Behavioral Health, 201 Greenbrier Blvd., Covington, LA 70433

Any human situation, any condition, is over determined. Depression is both an individual and family system issue whether biological or not biological (endogenous or exogenous). Depression occurs within relevant interpersonal contexts. Further, depression is a medical, family generational, biochemical as well as a psychological condition. The centrality of marital and family relationships to effective treatment of depression, as well as attending co morbidity, is explicated. Workshop addresses assessment, planning and biopsychosocial clinical intervention. **6.0 Clinical hours.** Pre-registration deadline is 6/1/18.

Limited to 40 participants.

1865: June 8, 2018; 8:45 am - 12:00 pm. Registration begins at 8:15 am. **(Lake Charles)**

Vicarious Trauma: Protecting You and Your Clients.

Presented by Amber R. Hebert, LCSW-BACS, MSW.

Heritage Square Office Complex, Conference Room, 127 Williamsburg Street, Lake Charles, LA 70605

This presentation will explore social workers' responses to the life stories and heartbreak that we are witness to each day. Participants will explore the potential emotional effects of working with trauma survivors. The presentation will address the impact of cumulative stress from suppressed emotional responses and techniques to counter compass fatigue and burnout. **3.0 Clinical hours.** Pre-registration deadline is 6/1/18. **Limited to 40 participants.**

1866: June 8, 2018; 1:15 pm - 4:30 pm. Registration begins at 8:15 am. **(Lake Charles)**

Life Transitions.

Presented by Kay Clemons, LCSW-BACS, MSW.

Heritage Square Office Complex, Conference Room, 127 Williamsburg Street, Lake Charles, LA 70605

This workshop is to allow the therapist to address the mechanisms that invoke change, ie, crisis management, life changes – marriage, divorce, retirement, with both the therapist and client in mind.

Workshop participants will explore stress management/coping techniques, signs and symptoms of burn out, and healthy time management techniques to promote a healthy outcome. Group participation appreciated **3.0 Clinical hours**. Pre-registration deadline is 6/1/18. **Limited to 40 participants**.

1867: June 8, 2018; 8:45 am - 12:00 pm. Registration begins at 8:15 am. **(Houma)**

Suicide Safety Planning Intervention & Means Restriction.

Presented by Allyson Pardue, LCSW-BACS, MSW.

Terrebonne General Hospital, Medical Atrium Auditorium, 8120 Main St., Houma, LA 70360

The seminar will focus on guiding clinicians through a therapeutic technique to help clients who may be at risk for suicide, by learning the process of creating a suicide safety plan. Clinicians will also learn about the importance of restricting means for those who might be at risk for suicide. A suicide safety plan is a written list of coping strategies and supports that clients can use during or after a suicidal crisis.

3.0 Clinical hours. Pre-registration deadline is 6/1/18. **Limited to 75 participants**.

1868: June 8, 2018; 1:15 pm - 4:30 pm. Registration begins at 8:15 am. **(Houma)**

Miraculous Psychotherapy!

Presented by Gary Tiemann, LCSW.

Terrebonne General Hospital, Medical Atrium Auditorium, 8120 Main St., Houma, LA 70360

In the newly released book, *Miraculous Psychotherapy, Achieve Your Ultimate Happiness With A Course In Miracles*, Gary Tiemann shares his integration of the work, *A Course In Miracles*, (ACIM) in his psychotherapy practice and as well as psychology theory. ACIM is a product of Dr. Helen Schucman, psychologist at Columbia University and her department head and colleague, Dr. Bill Thetford. ACIM is very similar to Buddhism, which is widely used in psychotherapy with such techniques as “Mindfulness Therapy”, and offers similar application, and, ACIM may be more effective with our culture with its use of familiar Christian vocabulary. **3.0 Clinical hours**. Pre-registration deadline is 6/1/18. **Limited to 75 participants**.

1869: June 14, 2018; 8:30 am - 4:30 pm. Registration begins at 8:15 am. **(New Orleans)**

Supervision Basics: Clinical Supervision For The New Board Approved Clinical Supervisor.

Presented by Alan Kirk, Ph.D., LCSW, ACSW.

Louisiana Department of Children & Family Services. Benson Tower, 1450 Poydras Street, 7th Floor, New Orleans, LA 70112

The quality of the clinical supervisory relationship is an important predictor of successful practice for the supervisee. Supervisors must be equipped with the wisdom, knowledge and skills to facilitate the design and implementation of a successful training process. This workshop is designed to help the new supervisor develop those skills and techniques necessary for a successful supervisory relationship. Key topics to be covered are theoretical foundations, clinical perspectives of intervention, roles and tasks of the supervisor, models of supervision and much more. *This workshop has been approved by LABSWE for 6.5 Clinical/Supervision hours of continuing education and is acceptable for the Board Approved Clinical Supervisor-BACS certification.* Pre-registration deadline is 6/8/18. **Limited to 40 participants**.

1870: June 15, 2018; 8:45 am - 12:00 pm. Registration begins at 1:00 pm. **(New Orleans)**

Louisiana Required Ethics Training.

Presented by Alan Kirk, Ph.D., LCSW, ACSW.

Louisiana Department of Children & Family Services. Benson Tower, 1450 Poydras Street, 7th Floor, New Orleans, LA 70112

The NASW Code of Ethics guides social workers in their practice on a daily basis. This course will review each of the ethical principles outlined in the code along with practice standards. Attendees will also learn practical steps in making ethical decisions.

3.0 Ethical hours. Pre-registration deadline is 6/8/18. **Limited to 40 participants**.

1871: June 15, 2018; 1:15 pm - 4:30 pm. Registration begins at 1:00 pm. **(New Orleans)**

Clinical Supervision For The Advanced Board Approved Clinical Supervisor.

Presented by Alan Kirk, Ph.D., LCSW, ACSW.

Louisiana Department of Children & Family Services. Benson Tower, 1450 Poydras Street, 7th Floor, New Orleans, LA 70112

Attendees in this workshop will have an opportunity to explore some of the more complex issues that arise in clinical supervision. Workshop topics include the roles and tasks of the supervisor, assessing and addressing deficits, problem solving, documentation, ethical issues that may arise and dealing with termination. *This workshop has been approved for 3.0 Clinical/Supervision hours of continuing education and is acceptable for the Board Approved Clinical Supervisor-BACS certification.*

Pre-registration deadline is 6/8/18. **Limited to 40 participants.**

1872: June 15, 2018; 8:45 am - 4:15 pm. Registration begins at 8:15 am. **(Baton Rouge)**

Understanding Behavior in the School Environment.

Presented by Jessica Harper, LCSW, MSW, with a fellowship in Infant Mental Health.

First United Methodist Church, 930 North Blvd, Baton Rouge, LA 70802.

This seminar will include a facilitated discussion of behaviors that occur in the school setting including a description of the behaviors, the hypothesized causes of the behavior and the trends of behavior within the school setting. Following that, assessment of behavior, school level interventions, data tracking, and the importance of relationship building to address school behaviors will be presented. **6.0 Clinical hours.**

Pre-registration deadline is 6/8/18. **Limited to 30 participants.**

1873: June 15, 2018; 8:45 am - 4:15 pm. Registration begins at 8:15 am. **(Monroe)**

PTSD Amongst Service Members, Veterans, and Its Impact on Families.

Presented by Michael D. Gatson, Ph.D., LCSW-C.

Children's Coalition for NELA, 117 Hall Street, Monroe, LA 71201

With more troops coming home from combat duty, you need to be better equipped in helping them and their families cope with the transition back into civilian life. When you leave this workshop, you will be better equipped in assessing mental health issues and finding solutions that best fit each service member. During this seminar, you will explore the effects of PTSD on military personnel, war veterans, and their families, as well as highlight some of the differences between veterans with PTSD and other patients with these symptoms. The workshop will use a variety of learning approaches, including group discussions, experiential exercises, and lectures. **6.0 Clinical hours.** Pre-registration deadline is 6/8/18. **Limited to 40 participants.**

1874: June 15, 2018 8:45 am - 4:15 pm. Registration begins at 8:15 am. **(Lafayette)**

Bullying: Prevention and Clinical Intervention.

Presented by Linda Kelly Woodruff, Ph.D., BA, DSW, MSW, LCSW-BACS, ACSW.

Vermillion Conference Center, 326 Gauthier Rd., Lafayette, LA 70501

Through lecture, discussion, individual and group exercises, participants will gain knowledge, techniques and skills to address the clinical and social problems of bullying. The social and psychological dynamics of bullying and co-morbidity will be addressed. Workshop will address prevention and intervention initiatives at the micro, mezzo and macro levels as well as public relations and marketing skills. **6.0 Clinical hours.** Pre-registration deadline is 6/8/18. **Limited to 45 participants.**

1875: June 15, 2018; 8:45 am - 12:00 pm. Registration begins at 8:15 am. **(Thibodaux)**

Moving Through Grief and Loss.

Presented by Rose M. Daigle, LPC, MA, LMFT, DVC, RT.

Thibodaux Regional Medical Center, Behavioral Health Center, 602 North Acadia Road, Thibodaux, LA 70301

Many clients have experienced some form of loss. If the client is unable or unwilling to face and move through loss, there can be physical and emotional consequences. In this workshop, participants will learn the many faces of grief and how to assist clients in working healthily through the stages of change loss and grief. Participants learn the emotional, physical, social spiritual and intellectual aspects to consider when working with the grieving client. **3.0 Clinical hours.** Pre-registration deadline is 6/8/18. **Limited to 45 participants.**

1876: June 15, 2018; 1:15 pm - 4:15 pm. Registration begins at 1:00 pm. **(Thibodaux)**

Self-Compassion in Therapy.

Presented by Meda Killgore, LMSW.

Thibodaux Regional Medical Center, Behavioral Health Center, 602 North Acadia Road, Thibodaux, LA 70301

Self-compassion can powerfully influence our client's well-being. Teaching it to clients has lifelong benefits for them personally and in their relationships. Workshop participants learn about the many aspects of self-compassion including: understanding the need, the role of mindfulness, how self-compassion affects strong emotions, self-concept and relationships, the importance of balanced compassion and specific techniques and homework assignments to share with clients to enable them to access self-compassion when needed. **3.0 Clinical hours.** Pre-registration deadline is 6/8/18. **Limited to 45 participants.**

1877: June 15, 2018; 8:45 am - 12:00 pm. Registration begins at 1:00 pm. **(Covington)**

Your Reality Is Not Mine: Effective Ways to Work With Individuals Diagnosed With Schizophrenia.

Presented by Dr. April Johnson-Dumas, LCSW-BACS, DBH.

Covington Behavioral Health, 201 Greenbrier Blvd., Covington, LA 70433

This presentation will help participants garner a better understanding of how to recognize symptomologies associated with schizophrenia. Through increased awareness, attendees will be better able to identify the most appropriate treatment modality based on level of severity. Attendees will become more abreast of current changes to the DSM-5 and its impact on diagnosing this presentation will emphasize the importance of empathy as an integral part of effective service delivery for individuals diagnosed with schizophrenia and other psychotic disorders. **3.0 Clinical hours.** Pre-registration deadline is 6/8/18. **Limited to 80 participants.**

1878: June 15, 2018; 1:15 pm - 4:30 pm. Registration begins at 1:00 pm. **(Covington)**

Motivational Interviewing Strategies in Clinical Supervision.

Presented by Angela Wood, Ph.D., LCSW-BACS, CCS, C-CATODSW.

Covington Behavioral Health, 201 Greenbrier Blvd., Covington, LA 70433

Motivational interviewing is an evidence-based practice developed by William Miller and Stephen Rollnick to explore and resolve ambivalence around behavioral health change by focusing on change talk. This collaborative approach to working with clients also works well within the supervisory relationship. The purpose of this workshop is to help clinical supervisors apply motivational interviewing in supervision as well as reflect on their own strengths and areas for improvement. **3.0 Clinical/Supervision hours.** Pre-registration deadline is 6/8/18. **Limited to 80 participants.**

Edith Farrell Memorial Institute

1879: June 15, 2018; 8:45 am – 4:15 pm. Registration begins at 8:15 am. **(Shreveport)**

Mentally Fit.

Presented by Eddie Windham, LCSW.

Willis-Knighton Innovation Center in the Banquet Room, 2105 Airline Drive, Bossier City, LA 71111

This workshop will include simple but effective tools to use when treating individuals with depression, anxiety and other mood disorders. Current /recent research will be presented to show how these techniques improve symptoms of mood disorders. Participants will be able to show clients how to monitor, improve & maintain their mood.

6.0 Clinical hours. Pre-registration deadline is 6/8/18. **Limited to 100 participants.**

NOTE: This Edith Farrell Memorial Institute is open to other professionals for registration at the cost of \$100.00. There will be no certificates issued to these attendees. NASW Members, Non-Members and other professionals needing CEU certificates will need to register as a NASW member or Non Member at the appropriate registration fee.